

## Beef Tempura

Recommended cut

## D Rump, Top-round

## Ingredients (serves two)

Japanese Wagyu (thinly	/ sliced D rump,
top round) ······	
(A)	
Soy sauce ·····	······· 5cc (1 teaspoon)
Commenter	2- (01)

urry powder	2g	(0.1 oz)
Weak wheat f	lour	To taste

(B)

1
· 150cc (0.6 US cup)
90g (3 oz)
··· 3g (1/2 teaspoon)
··· 3g (1/2 teaspoon)

Frying oil ..... Enough to deep fry tempura Sudachi (citrus fruit) or lemon ...... 1

Chopped leeks and green laver (instead of curry powder and salt) may be added to the batter. Lemon can be used instead of sudachi.

## How to cook

1. Cut the beef into bite-sized chunks, mix the ingredients in (A), rub into meat and lightly coat with flour.

20

min

Cooking time

Level of

difficulty

- 2. Prepare the tempura batter. Beat the egg yolk, cold water and salt in a bowl. Stir well. Sift the remaining flour and curry powder together into the bowl. Lightly stir with chopsticks to prevent clumping.
- Heat the frying oil in a pan (3cm (1 in) deep) to 170 or 180 °C (338 or 356 °F). Dip the seasoned meat from step 1 in the batter and deep fry while turning over for about one minute each.
- 4. Place the tempura on a plate. Cut the sudachi in half and squeeze its juice on the tempura.